

Sun Safe Policy

Little Pippins Pre-school believes the safety and well being of young children is of paramount importance. All staff, students, volunteers and children are aware of the safety procedures set out in this policy.

The Manager and staff understand the dangers posed to children and themselves by over exposure to the sun, specifically ultraviolet light (UV).

Sun protection is discussed interactively with all children. Children engage in activities (picture painting, reading stories, singing songs etc.) designed to promote sun safety behaviour.

Children are encouraged to wear protective hats (Legionnaire or broad rimmed hats), that protect their face, ears and neck when playing outside in the sun. Little Pippins will keep a supply of appropriate hats for children to wear outdoors.

Staff should ensure that shady areas out of the sun are always available to children when playing outside. Activities are organised to make use of the shade available. Children will be encouraged to use these areas. Discretion with availability of shade will be taken into consideration by the Manager or Play Leader.

In hot weather, parents/carers will be asked to put sunscreen on their child before arriving at Pippins. Little Pippins will keep a supply of sun protection cream, (minimum of factor 30, 5 star broad spectrum to protect from UVA and UVB rays and suitable for sensitive skin) on the premises and apply a top-up layer to the children before they play outside. Parents may also provide a named bottle of suitable sunscreen to be used on their child. Children should wear clothes that cover their shoulders. If a child is not adequately protected from the sun in hot weather, the Play Leader or Manager may use their discretion to keep the child indoors.

Prior written permission will be sought from parents for staff to apply sunscreen to their child.

In hot weather, to compliment the free access of the children's water bottles, there will be an additional water station with cups, where children can self-service ensuring they have additional access to fresh water and are continually re-hydrating. Staff will also be encouraged to drink plenty of water to role model good self-care to the children and to ensure they too are drinking plenty. Staff will monitor the children's water bottles as a gauge to encourage frequent drinking and refill if necessary.

The sun safe protocol will be reinforced in a positive way through parents' newsletters, notice boards, induction/consultation meetings and online

Staff and parents/carers should act as role models by:

- Wearing appropriate hats and clothing outdoors.
- Using sunscreen for skin protection.
- Seeking shade whenever possible.
- Drinking plenty of water.

Parents/carers will be:

- Informed of the Sun Safe Policy.
- Asked to provide a water bottle.
- Asked to apply sunscreen to their child before arriving at pre-school.
- Be required to sign to give permission for staff to apply sunscreen.
- Encouraged to practice Sun Safe behaviour themselves.

This policy was adopted at a meeting of Little Pippins Management Committee

Held on: 15th May 2019

Signed on behalf of the Management Committee: *V Lay*

Role of signatory: Chair

Review date: 2020

Related Policies

Health and Safety