

# Nappy Changing

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Little Pippins does not exclude any child from the setting who may, for any reason, not yet be toilet trained and is still be wearing nappies or the equivalent when they start. We will work closely with parents towards toilet training their child unless there are medical or other developmental reasons why this may not be appropriate at the time.

Toilet training is a self-care skill that most children should be able to acquire with the support of our staff in collaboration with parents.

We provide nappy changing facilities and exercise good hygiene practices at all times in order to accommodate children who are not yet toilet trained.

## Procedures

- The changing area is warm and safe, and children are changed on either a purpose made changing table or a comfortable 'pull down' changing surface.
- Only staff who are DBS checked and have been trained in this procedure can change children's nappies.
- Staff seek to ensure that the entire process is relaxed and forms part of the child's self-care learning journey.
- Whilst the dignity and privacy of children is paramount, all personal hygiene processes will take place within sight of other staff, with the door propped open, to ensure 'transparency' of practice.
- Each child should have their own nappies/ pull ups, changing wipes and creams which are stored in individual named baskets.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain beneficial bacteria that children need to develop their own natural resistance to infection.
- Key persons will change the children from their key group as far as possible. If they are not available another member of staff may be nominated – ideally a member of staff from the same nurture group.
- Staff will put on gloves and aprons before the changing area is prepared and the changing process begins. Gloves are not always required for a wet nappy where there is no risk of infection, however, gloves are always available for those staff who choose to wear them. Gloves are always worn for a 'soiled' nappy.
- A fresh paper changing liner is put on the changing table/mat for each change.
- Staff never turn their back on a child or leave them unattended whilst they are on the changing table/mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.

- We do not make inappropriate comments about children's genitals when changing their nappies.
- If we can't respectfully change a nappy or clean a child, the parent will be asked to advise or come in to assist.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young.
- The changing surface is wiped down with antibacterial wipes after each change.
- Children in nappies and pull ups will be changed/checked at least twice a session.
- Children who are not wet or soiled but have been checked will be logged on the 'Nappy Notes' sheet in the playroom.
- Children who have a nappy change will be logged on the 'Nappy Change' sheets in the changing area.
- Children who have 'accidents' will be changed in the nappy changing area for privacy. They will stand on a paper changing mat for hygiene purposes.
- Nappies, pull ups, gloves, aprons, mats and antibacterial wipes are disposed of hygienically in the bin provided. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the nappy disposal bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and put in a labelled bag for the parent to take home.
- Older children access the toilet when they have the need to and are encouraged to be independent.

All staff are made familiar with the above processes and procedures on induction.

Staff are expected to be gentle, courteous and professional when changing a wet/soiled child. They should not pull faces or make negative or derogatory comments. Children should not be left in wet or soiled nappies/pull ups. Failure to comply with these expectations may constitute neglect/inappropriate behaviour and may be treated as a disciplinary matter.

This policy was adopted at a meeting of Little Pippins Pre-school

Held on: 15<sup>th</sup> March 2020

Signed on behalf of the Management Committee ... *Kieran Dee*

Role of signatory: Chair

Review date: March 2022